

APPETIZERS

Nachos La Isla Deluxe beans, guacamole, sour cream, hot peppers, onions, tomatoes, and your choice of chicken or beef 10.95

Cheese Crispy deep fried flour tortilla topped with melted cheese & beef or chicken 9.25

Quesadilla flour tortillas stuffed with melted cheese, onions, mild chilies and served with guacamole, sour cream and your choice of chicken or beef 10.75

Quesadilla Suprema flour tortillas stuffed with shrimp, mozzarella cheese & mushrooms, served with lettuce, sour cream and guacamole 12.25

Buffalo Wings delicious chicken wings with spicy chili sauce & cool ranch dressing 9.50

Confetti Combo nachos, quesadilla, taquitos, jalapeño poppers w/ guacamole & sour cream 11.95

Ceviche Bites fish fillet cooked with lime juice, onions, tomatoes, cilantro & jalapeño 5.75

Mexican Pizza deep fried flour tortilla topped with beans, beef, Monterey jack cheese, tomatoes, green onions with guacamole and sour cream 10.25

Chicken Taquitos deep fried flour tortilla filled with fresh, tasty chicken on a bed of lettuce with guacamole & sour cream 9.75

Hongos al Mojo de Ajo mushrooms sautéed in sauce of butter, garlic & mild spices 7.50 -add 7 prawns Mexican style 6.00

Queso Fundido rich white cheese dip with nacho chips 5.25 add spicy chorizo 2.00

Empanadas (4) delicious pastry turnovers filled with savory ingredients 7.50

Fresh Guacamole, Chips & Salsa 6.75

Jalapeño Poppers 7.95

SOUPS

Chicken Soup a delicious Mexican soup with fresh vegetables - small bowl w/1 tortilla 6.25 - large bowl w/2 tortillas 8.75

Tortilla Soup hot and hearty chunks of tender chicken breast, tortilla strips, fresh avocado and shredded cheese in a rich chicken broth - small bowl 6.25 - large bowl 8.75

Caldo de Camaron tasty prawns and mixed vegetables in a natural broth 12.75

Black Bean Soup served with pico de gallo and sour cream 6.25

Pozole only available on weekends, Maria's special soup made with hominy, pork and spices - small bowl 6.75 - large bowl 9.75

SALADS

Deluxe Tostada with beans, fresh guacamole, sour cream & your choice of meat 9.25

Shrimp Salad fresh garden salad tossed with shrimp, tomatoes & fresh guacamole 12.25

Deluxe Taco Salad *tortilla shell, guacamole, sour cream and your choice of meat* 9.25

Fajita Salad fresh green salad, topped with grilled steak or chicken fajita, Monterey jack cheese, tomatoes, fresh guacamole and mushrooms 12.25

Tostadas a La Isla tostadas covered with beans and topped with a mountain of lettuce, sliced avocado, tomatoes, cheese, chicken, and parmesan cheese 10.95

House Salad fresh garden salad garnished with tomato wedges, green onions, mushrooms and cheese 6.25

Substitutions Are OK, But Will Be Charged Extra

*All Entrees are Served with Rice and Your Choice of Refried, Whole Pinto or Black Beans, Unless Otherwise Specified or If Rice and Beans are Rolled Inside the Item

GABRIEL'S FAVORITES

Pork Carnitas tender chunks of pork loin marinated with La Isla's special spices cooked to a moist, tender flavor, served with guacamole & pico de gallo 15.25

Chile Verde chunks of pork cooked with a light tomatillo sauce, green peppers, onions & spices 13.75

Tacos de Adovada spiced pork served in a soft corn tortilla garnished with pico de gallo & parmesan cheese 14.25

Mexican Pork Riblets (3) served with hot or sweet sauce, lettuce & tomato 14.25

Camarones Rangel delicious fresh prawns wrapped in bacon, deep fried and sautéed, with Monterey jack cheese, sour cream, & guacamole 15.25

BORRITOS

A Rolled Flour Tortilla topped with a Sauce and Melted Cheese

House Burrito choice of shredded, ground or chunks of beef, chicken, pork, chorizo or beans w/beef 10.25

Carne Asada Burrito filled with grilled steak with rice & beans inside 14.25

Fajita Burrito with steak or grilled chicken fajita meat & rice and beans inside 14.25

Super Burrito burrito rolled with rice, beans, cheese, sour cream, lettuce, tomato, parmesan cheese & your choice of meat 12.75

Seafood Burrito a grande flour tortilla stuffed with a medley of shrimp, scallops, fish, crab, fresh vegetables & mushrooms, mildly seasoned & sautéed then smothered in our house seafood cream sauce, with guacamole 16.75

CHICKEN

Served With 3 Tortillas

Arroz con Pollo boneless breast of chicken sautéed in a special sauce with mushrooms, served over rice and melted Monterey jack cheese, no beans 13.95

Chicken Carnitas boneless breast of chicken cooked with green peppers, tomatoes & onions, served with pico de gallo & guacamole 14.75

Chicken en Mole boneless chicken cooked in a delicious sweet & spicy peanut sauce 14.25

Pollo a la Diabla strips of boneless chicken breast sautéed with mushrooms, carrots, onions, celery & zucchini, simmered in a tasty spicy hot sauce 14.50

Pollo Encremado boneless chicken cooked in a delicious spicy cream sauce 14.25

Pollo Asado lightly marinated chicken breast cooked over charcoal, served with pico de gallo 14.75

We Reserve The Right to Refuse Service to Anyone

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MARIA'S RECOMMENDATIONS

Tacos al Carbon tender meat marinated, broiled then chopped and served in soft corn tortillas with tomato, green onion & cilantro, includes guacamole, choice of beef or chicken 15.25

Fajita Quesadilla large flour tortilla filled with cheese & our delicious steak or chicken, served with sour cream, guacamole & pico de gallo 15.25

Taquitos Rancheros 3 crisp, rolled corn tortillas, filled with shredded beef or chicken, topped with Spanish sauce, guacamole, sour cream, parmesan cheese & lettuce 12.25

Sopitos homemade corn maza shells filled with beans, shredded beef, lettuce, cheese & tomato, served with sour cream & guacamole 12.25

Flautas crispy flour tortillas stuffed with chicken or shredded beef, garnished with sour cream & guacamole 12.25

Barbacoa traditionally smoked & grilled beef with a delicious red sauce topped with onion & cilantro 14.25

STREET TACOS

Authentic Mexican Street Tacos with choice of Pollo Asado, Pork Carnitas, Pork Adovada, Chorizo, Carne Asada, Fish, or Shrimp

-3 of one type 11.95 or - each 4.25

SEAFOOD

Camarones La Isla prawns sautéed in butter, garlic & white wine with mushrooms, onions & green peppers, served over rice and finished with Monterey Jack cheese, no beans 15.25

Cancun Platter fish, prawns, crab & scallops, sautéed in wine then topped with mozzarella cheese and baked, no beans 16.25

Seafood Chimichanga a crispy flour tortilla stuffed with a medley of shrimp, scallops, fish, crab, fresh vegetables and mushrooms, mildly seasoned & sautéed then smothered in our house seafood cream sauce, with guacamole 16.75

Camarones al Mojo de Ajo prawns & mushrooms in a sauce of butter, garlic & mild spices 15.25

Camarones a la Diabla sautéed with mushrooms in a very special sauce (medium hot) 15.25

3 Fish or Shrimp Tacos three soft tortillas stuffed with savory halibut or prawn with fresh guacamole & cabbage slaw 15.25

Camarones ala Crema delicious prawns cooked in a creamy sauce with mushrooms, onions, & bell peppers 15.25

Prawn Fajitas prawns cooked w mushrooms, bell peppers & onions served on a sizzling hot plate 16.75

Arroz con Camarones prawns, mushrooms, carrots, zucchini, celery & onions sautéed in a savory sauce, served over rice & topped with cheese, tomato and green onion, no beans 15.25

Meats May Be Cooked to Order. However, Consuming Raw or Undercooked Beef, Poultry, Seafood or Eggs May Increase Your Risk of Foodborne Illness

COMBINATIONS

All Combos Served With Rice and Whole Pinto or Black Beans
Choice of Cheese, Chicken, Ground or Shredded Beef

Add Guacamole and Sour Cream 2.00

1. Enchilada and Taco10.25
2. Chile Relleno, Guacamole and 2 Tortillas10.25
3. Enchilada and Tostada10.25
4. Chalupa with guacamole and sour cream10.95
5. 2 Tacos10.25
6. Chimichanga with guacamole and sour cream10.95
7. Enchilada and Chile Relleno10.25
8. Enchilada and Tamale10.25
9. 2 Enchiladas10.25
10. Enchilada and Chalupa12.75
11. Chile Relleno, Enchilada and Taco12.75
12. Enchilada, Tamale and Taco12.75
13. Avocado Tostada and Enchilada12.75
14. Enchilada, Tamale and Chile Relleno12.75
15. 2 Tacos and Enchilada12.75
16. Tamale, Enchilada and Tostada12.75
17. Enchilada and Burrito12.75
18. Chimichanga & choice of Chile Relleno,
Enchilada, Taco or Tamale12.75
19. 3 Enchiladas12.75

A LA CARTE

Taco 2.75
Burrito 6.75
Enchilada 3.50
Deluxe Enchilada 7.25
w/guacamole & sour cream
Chimichanga 6.95
w/guacamole & sour cream
Chalupa 6.95
w/guacamole & sour cream
Flauta 6.95

Add Guacamole and Sour Cream 2.00
Chile Relleno 4.50
Tamale 3.75
Tortillas flour or corn 1.95
Rice & Beans 4.95
Ranchero Beans 4.25
Red salsa or cabbage ensalada 4.50
Roasted Jalapeños (3) 1.75
Guacamole 3.95
Sour Cream 1.95

EGG DISHES

Huevos Rancheros eggs topped with Spanish sauce, served with 2 tortillas 10.25

Chorizo with Eggs eggs with spicy chorizo served with 2 tortillas 10.25

Machaca with Eggs shredded beef with egg, onions & tomatoes served with 2 tortillas 10.25

Huevos ala Mexicana eggs cooked in a savory Mexican sauce served with 2 tortillas 10.25

We are not responsible for lost or stolen items

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VICTOR'S SPECIALS

Served With 3 Tortillas

Carne Asada slices of steak cooked over charcoal, with guacamole 15.25

Steak Picado spicy strips of Top Sirloin sautéed with jalapeños, onions & tomatoes 15.25

Chile Colorado chunks of beef cooked in a tasty chile sauce 13.25

Fajitas Mixtas sampling of steak, chicken and shrimp, complete with all fixings 18.25

Mucho Grande your choice of pollo asado or carne asada cooked over charcoal plus 4 prawns & mushrooms sautéed in a sauce of butter, garlic & mild spices, served with guacamole 19.95

Fajitas beef flank steak or chicken, includes sour cream, guacamole, bell peppers, onions, lettuce, tomatoes & pico de gallo, served on a hot sizzling platter 15.75

ENCHILADAS

Soft Corn Tortillas filled with Choice of Meat

Enchiladas a la Crema with a rich cream sauce 10.75

Enchiladas Rancheras with red sauce 10.25

Enchiladas Moles with a sweet & spicy mole sauce 10.50

Enchiladas Sunrise with egg over easy on top 10.95

Seafood Enchiladas (2) choice of shrimp or crab with a tomatoes and onions 13.25

Spinach Enchiladas two corn tortillas filled with mozzarella cheese, fresh spinach, mushrooms and sour cream 11.75

Enchilada Verdes with a mild green sauce 10.25

VEGETARIAN

Macho Burrito a flour tortilla filled with rice and whole pinto beans topped with red sauce, melted Monterey jack cheese, lettuce, sour cream, guacamole & pico de gallo 12.95

Veggie Chimichanga a crispy rolled flour tortilla filled with mushrooms, carrots, zucchini, and onions topped with sour cream, guacamole 11.25

Veggie Fajitas same as our regular fajitas but with chopped mushrooms instead of meat, sour cream, guacamole, pico de gallo & tortillas, all on a hot sizzling plate 14.25

Chile Ranchero a fresh pasilla chile stuffed with cheese, dipped in egg and lightly sautéed in butter, topped with salsa 13.95

Please Let Your Server Know If A Member Of Your Party Has
A Specific Food Allergy

LA ISLA
Family Mexican Restaurant

orders to go available
open 7 days a week

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